



Hand-Warmers

Linda Maltby

The hand-warmer is designed to keep a child's wrist and hand covered while leaving the fingers free. This pattern is basically a square that will fold around the hand, leaving an opening for the thumb. The ribbing allows for extra warmth as well as stretch to fit the child as they grow. If you are concerned about warmth, please use 100% wool or a wool/acrylic blend with the 4.00mm hook. The children need to be able to write while wearing the Hand-Warmers which means a thicker yarn is not practical.



Materials and Equipment

- Warm, soft yarn in appropriate weight for the hook size
- 4.00mm/G (6) US Hook
- Yarn needle.

Abbreviations

Note: Pattern uses American terminology

American	British
slipstitch(sl st)	single crochet(sc)
single crochet(sc)	double crochet(dc)

Note: Please place one hand-warmer inside the other in order to keep them together. We ask that you not tie or safety pin them together. The volunteers must remove all of these fastenings prior to distributing, which is time consuming.

Instructions:

Chain 26.

Row 1: Sc in second chain from hook and in each chain to end. (25 sts) Turn.

Row 2: Ch 1, Sc in **Back Loop** of each st. Turn.

Repeat row 2 until piece measures 5.5 inches/14 cm. End, leaving a long tail for sewing.*

Join the foundation row and the last row [see photo for direction of ribbing]. Beginning at top edge, sew sides together for 1 inch/2.5 cm, **leave next 1.5 in/4 cm open for thumb**, sew remainder of sides together. Weave in all tails.

Repeat instructions for second hand warmer.

*See Alternate joining instructions in Variations section

Variation:

By Andrea Palmatier

The pattern is easily adapted to more than one colour. Here is an example using 2 colours. (A) and (B)



Instructions:

Chain 26

Row 1: With colour (A), sc in second chain from hook and in each chain to end. (25 sts) Turn.

Row 2: Ch 1, Sc in **Back Loop** of each st. Change to colour (B), carrying (A) Turn.

Row 3: With (B), Ch 1, Sc in Back Loop of each st. Turn.

Row 4: Ch 1, Sc in Back Loop of each st. Change to colour (A), carrying (B) Turn.

Row 5: With (A), Ch 1, Sc in Back Loop of each st. Turn.

Row 6: Ch 1, Sc in Back Loop of each st. Change to colour (B), carrying (A) Turn.

Repeat rows 3 to 6 until piece measures 5.5 inches/14 cm. End, leaving a long tail for sewing.*

Join the two sides. Beginning at top edge, sew sides together for 1 inch/2.5 cm, **leave next 1.5 in/4 cm open for thumb**, sew remainder of sides together. Weave in all tails.

*Alternate joining instructions:

Crochet the last row to the beginning chain, with the chain row at the front of the work and using the back loops of the second-to-last row, right sides together.

For stitches 15 to 20 [thumb space] crochet only on the second-to-last row to create the opening.



Pick up both rows for the last five stitches. End, weave in all tails.

Add a sc edge around the top to stop little fingers from snagging the places where the yarn is carried. It also helps to give a nice finishing.

Repeat instructions for second hand warmer.



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