



## Puffed Heart Square

Rachel Andrus

Show a child just how much they are loved,  
by rendering a heart right into their blanket square.



### Materials and Equipment

- Two strands of worsted weight yarn (American)/ DK (UK)/ 8ply (Aust)
- 5.00mm/US H Hook

### Abbreviations

Note: Pattern uses American terminology

American	British
slip stitch (sl st)	single crochet (sc)
single crochet (sc)	double crochet (dc)

Special stitch: Puffed Stitch(PS):(yo, pull up a loop) 4 times, 9 loops on hook, yo, pull thru 8 loops, yo, pull thru 2 loops, push puff to front of work, work next st.

### Instructions

*If you're having a hard time pulling through the loops of the puff stitch, make sure you "yo, pull up a loop" LOOSELY.*

*If you find that your puff stitch isn't puffing out very much, change the Puff Stitch instructions to "(yo, pull up a loop) 5 times, 11 loops on hook, yo, pull thru 10 loops, yo pull thru 2 loops, push puff to front of work, work next st."*

Chain 26.

*Note: Work all stitches in BOTH LOOPS of the stitch.*

**Row 1:** Sc in 2nd ch from hook and in each ch across. Ch 1, turn. (25 sts)

**Rows 2-4:** Sc in each st across. Ch 1, turn. (25 sts)

**Row 5:** Sc in first 12 sts, PS in next st, sc in rem 12 sts. Ch 1, turn. (25 sts)

**Row 6:** Sc in each st across. Ch 1, turn. (25 sts)

**Row 7:** Sc in first 10 sts, PS in next st, sc in next 3 sts, PS in next st, sc in rem 10 sts. Ch 1, turn. (25 sts)

**Row 8:** Sc in each st across. Ch 1, turn. (25 sts)

**Row 9:** Sc in first 8 sts, PS in next st, sc in next 7 sts, PS in next st, sc in rem 8 sts. Ch 1, turn. (25 sts)

**Row 10:** Sc in each st across. Ch 1, turn. (25 sts)

**Row 11:** Sc in first 6 sts, PS in next st, sc in next 11 sts, PS in next st, sc in rem 6 sts. Ch 1, turn. (25 sts)

**Row 12:** Sc in each st across. Ch 1, turn. (25 sts)

**Row 13:** Sc in first 5 sts, PS in next st, sc in next 13 sts, PS in next st, sc in rem 5 sts. Ch 1, turn. (25 sts)

**Row 14:** Sc in each st across. Ch 1, turn. (25 sts)

**Row 15:** Sc in first 3 sts, PS in next st, sc in next 17 sts, PS in next st, sc in rem 3 sts. Ch 1, turn. (25 sts)

**Row 16:** Sc in each st across. Ch 1, turn. (25 sts)

**Row 17:** Sc in first 3 sts, PS in next st, sc in next 17 sts, PS in next st, sc in rem 3 sts. Ch 1, turn. (25 sts)

**Row 18:** Sc in each st across. Ch 1, turn. (25 sts)

**Row 19:** Sc in first 3 sts, PS in next st, sc in next 8 sts, PS in next st, sc in next 8 sts, PS in next st, sc in last 3 sts. Ch 1, turn. (25 sts)

**Row 20:** Sc in each st across. Ch 1, turn. (25 sts)

**Row 21:** Sc in first 4 sts, PS in next st, sc in next 6 sts, PS in next st, sc in next st, PS in next st, sc in next 6 sts, PS in next st, sc in last 4 sts. Ch 1, turn. (25 sts)

**Row 22:** Sc in each st across. Ch 1, turn. (25 sts)

**Row 23:** Sc in first 6 sts, (PS in next st, sc in next st) 3 times, sc in next 2 sts, (PS in next st, sc in next st) 3 times, sc in rem 5 sts. Ch 1, turn. (25 sts)

**Rows 24-27:** Sc in each st across. Ch 1, turn. (25 sts)

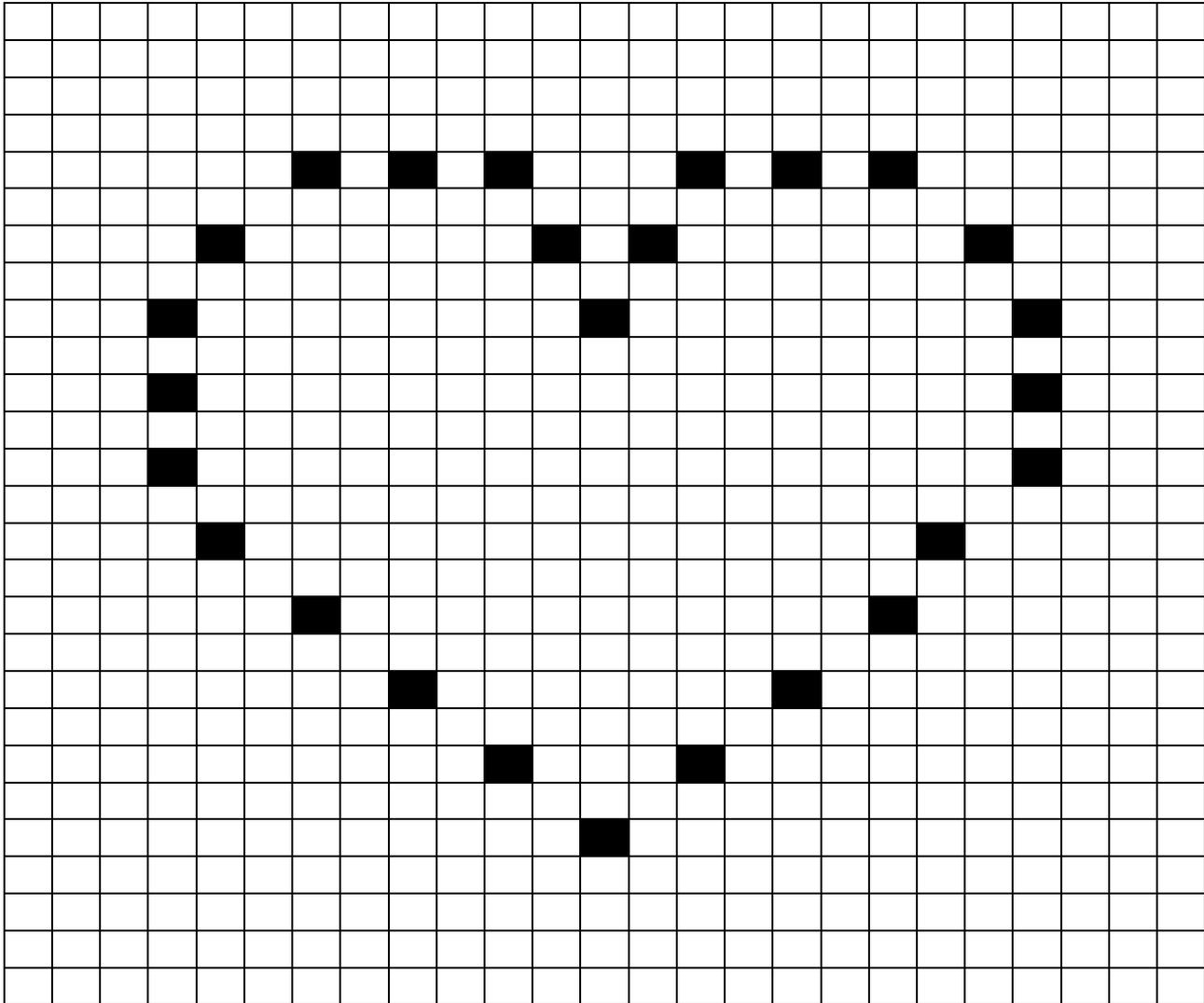
Measure the square. If it is smaller than 20cm/8", sc around each side of square, working (sc, ch 3, sc) in each corner, until square measures 20cm/8". End off.

Leave a 50 cm/20" tail (for sewing the squares together). Butterfly\* the tail to the square.

\*How to 'butterfly the tail' is as easy as 1, 2, 3. Use contrasting yarn and follow the directions:



The pattern may also be described by the following chart.



FOR FULL POSTAL INSTRUCTIONS PLEASE VISIT:

<http://knit-a-square.com/postal.html>

POSTAL ADDRESS

Knit-a-square  
Private Bag X900  
Bryanston 2021  
South Africa